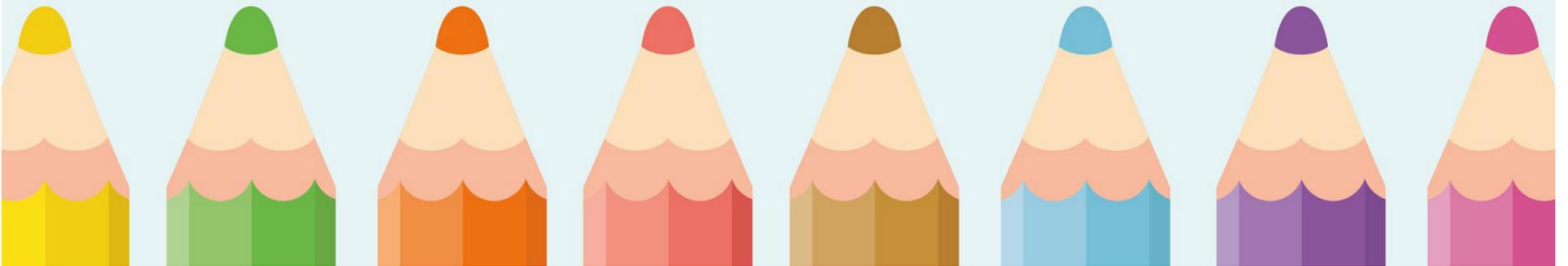


PUPIL RESILIENCE BOOSTER



Ofsted place an increasing focus on the personal development of learners. In practice this means that school leaders need to demonstrate how they support a learners' wider personal development, character and resilience.

Building on our highly successful resilience workshops aimed at adults, PACT HR has developed a short, engaging and bite-sized resilience session suitable for pupils and students. The session offers ideas, tips, and self-help strategies to aid them in better managing the pressures of, for example;

- Examinations & SAT's
- Transition
- Periods of change

Our workshops are very flexible and we will work with the designated in-school lead to ensure that we meet your specific schools' requirements.

The duration of the sessions depend on your needs and factors such as the group size and age of the pupils. Typically sessions run for between 45 - 60 minutes.

"The Pupil Resilience Booster training was very well-planned and well thought out. Simon really managed to get the message across to the children that SATs is not all there is. The children now take on board what I have been saying to them all year and I think that is down to somebody new relaying this information to them."

Year 6 Teacher, Killinghall Primary School

For further details please contact our PACT HR's Training Consultant Simon Brannan on 01274 436644 or simon.brannan@bradford.gov.uk

